

Tutor Time: Week B

Thursday 28th September

$(hb)^2$



getting unstuck

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getting unstuck

What does it mean to 'get unstuck?'

(hb)²

What does it mean to 'get unstuck?'

- You are going to see 6 questions on the next slide.
- Take 5 minutes to answer the questions for yourself – be honest.
- After 5 minutes, share your answers with a partner or in a group.
- Are any of your answers the same?
- Do you differ in some answers?
- Can you offer any advice to your partner?

(hb)²

What does it mean to 'get unstuck?'

- 1) Describe a time when you felt frustrated learning something new.**
- 2) What do you do when you don't understand something?**
- 3) How do you connect new information to things you already know?**
- 4) Describe the feeling of learning something new.**
- 5) Describe any challenges you have experienced in something you have learned recently.**
- 6) How did you overcome those challenges?**

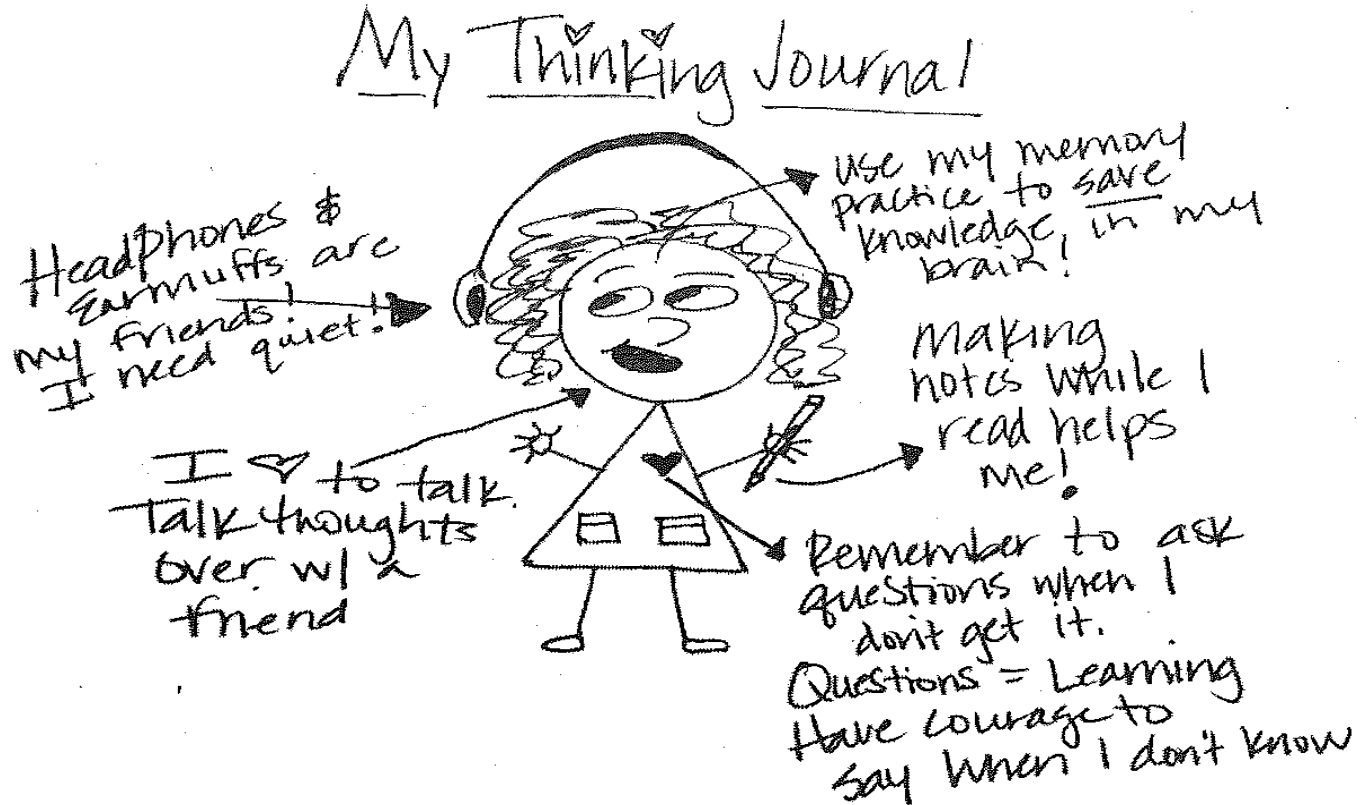
(hb)²

What does it mean to 'get unstuck?'

- Once you have shared your answers with the group, you will see that different people have different strategies for 'getting unstuck.'
- There is no right or wrong way.
- On an A4 piece of paper, draw and picture of yourself and create a 'thinking journal'
- Around your picture write down the different ways that you learn best and how you get unstuck.

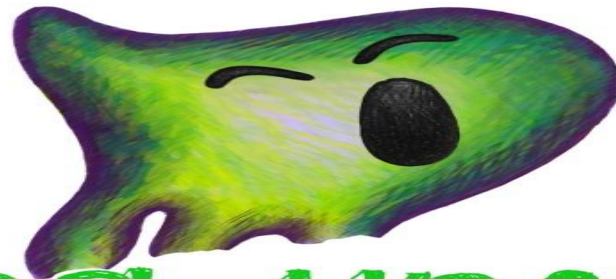
(hb)²

What does it mean to 'get unstuck?'



(hb)²

(hb)²



getting unstuck

Retain and reuse:

Store the information and the skills to use in other subjects.

Managing distractions:

Recognise and reduce interruptions to your learning.

Absorption:

Be engaged and find enjoyment in every task.

Noticing:

Recognise your capabilities and learning style.

Work to your strengths.

Stickability:

Persevere with challenges, enjoy the struggle.

Find the positive in your mistakes.

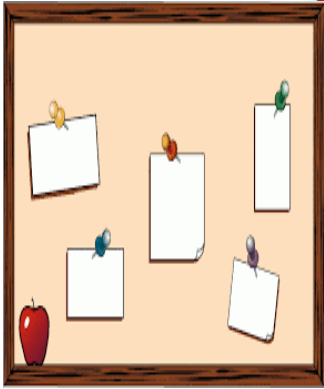
(hb)²

What does it mean to 'get unstuck?'

What are the 5 Bs?



Brain



Board



Book



Buddy



Boss



(hb)²

What does it mean to 'get unstuck?'

Brain



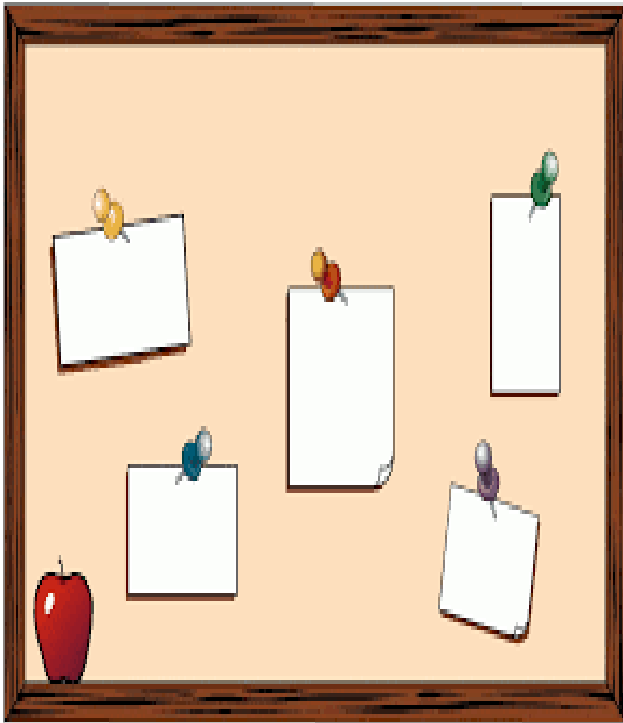
**Think of a solution;
what do you already
know?**

(hb)²

What does it mean to 'get unstuck?'

Board

Is there any
information on the
board or on the walls?



(hb)²

What does it mean to 'get unstuck?'

Book



Look at your notes in
your exercise book,
folder or text book?

(hb)²

What does it mean to 'get unstuck?'

Buddy



Ask a friend for help.

(hb)²

What does it mean to 'get unstuck?'

Boss

**Finally, ask your
teacher for help.**



(hb)²

What does it mean to 'get unstuck?'

- Getting unstuck is all about being self aware – start thinking about how you learn (**learning styles**) and what things you do learn successfully.
- It's about perseverance (**stickability**) – never give up at the first hurdle, keep going and find ways to overcome challenges.
- Remember, **it's ok to make a mistake** but make sure you learn from your mistakes.
- You will review this theme later on in the year. Hand your learning journal pictures to your tutor but start to think about how you learn best and what you do to overcome challenges in the coming weeks.
- You can then add these new strategies to your picture.

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What does it mean to 'get unstuck?'

And if you have time

<https://www.youtube.com/watch?v=-Sn2ohzDUzk>

(hb)²



getting unstuck

(hb)²



getting unstuck