



The HENRY BEAUFORT *School*

At The Henry Beaufort School there are no limitations to individual success; we do not accept mediocrity or complacency
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To all Years

8 March 2018

Dear Parents

Personal Development Day 4 - Friday 9th March

The Henry Beaufort Schools 4th Personal Development Day takes place on Friday 9th March. All students will be off timetable for the day and will be taking part in a variety of personal development workshops overseen by members of Henry Beaufort staff.

Students will not need to bring any of their exercise books, but will need their planner and pencil case. In addition, Year 7 students will need to bring their PE kit, and Year 11 students need to bring in some revision materials for one of the sessions.

The topics covered during the day are:

Year 7 - Values

Year 8 - BBC School report & Cyber safety

Year 9 - Choices & consequences – including caffeinated drinks, piercings, tattoos, consent, gambling & sun exposure

Year 10 - Sexual Health

Year 11 - Mental Health

We are looking forward to having an exciting and useful day.

Yours sincerely

Mrs Hill

Coordinator of PSHE, SMSC, Citizenship, Work Experience & Careers