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Creative Forces Day 2018
A look back at the Leavers’ Ball
Habit Building (hb)2 learning ethos

Roche Court Sculptures inspire artists
Congratulations to the Class of 2018
Sports Award Evening

Headteacher : Miss Hearle
Join us at Abbotswood Court for our **free community events!**

**Community Coffee Mornings**  Every Thursday, 10.30am–12.00pm  
**Forget Me Not Café**  Last Friday of each month, 2.00–4.00pm  
**Oomph Activity**  Every Wednesday, 10.45am–11.45am

If you know someone in the community who would benefit from joining our events, please pass on the information, we will have a warm welcome for them.

**Tel:** 01794 528 700  |  **abbotswood.haa@cinnamoncc.com**

Abbotswood Court Care Home, Minchin Road, Romsey, SO51 0BL
The start of a new academic year is always an exciting time for a school and, like the students, I experience a mixture of excitement and nervous anticipation. Even after many years of teaching I still get that ‘can I remember how to teach’ feeling!

The Autumn Term is like the January New Year celebrations for schools. New resolutions abound, and we have the pleasure of welcoming a new group of students joining us from primary school. We take their transition from primary school very seriously. As well as two days at The Henry Beaufort School in June, Year 7 start the academic year with a bespoke Learning Day in school. Year 10 support the teachers in introducing them to our unique learning ethos known as [HB]² which promotes independent learning in all of our students.

A school year is never the same year on year. There are so many exciting activities and opportunities for the students. Our biggest two yet will be the whole school production of ‘We Will Rock You’ in October, followed by Rock Challenge in the early part of 2019. There are so many students and staff committed to these two projects, all of whom are giving up a great deal of personal time to make them a success.

I am so lucky to work with a remarkable group of professionals who set out to make sure that your children have every advantage and opportunity during their secondary school education. I have the best job in the world in one of the finest schools in Hampshire. Who could ask for more?

Miss Hearle
Headteacher
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>08:30am - 08:35am</td>
<td>AM REGISTRATION</td>
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<td>08:35am - 09:35am</td>
<td>LESSON 1</td>
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<td>09:35am - 10:35am</td>
<td>LESSON 2</td>
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<td>10:35am - 10:50am</td>
<td>BREAK</td>
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<tr>
<td>10:50am - 11:50am</td>
<td>LESSON 3</td>
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<td>11:50am - 12:15pm</td>
<td>PM FIRST REGISTRATION (Week A Luxembourg - Rome - Warsaw / Week B Berlin - Athens - Moscow - Prague)*</td>
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<td>FIRST LUNCH (Week A Berlin - Athens - Moscow - Prague / Week B Luxembourg - Rome - Warsaw)*</td>
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<td>12:15pm - 12:20pm</td>
<td>LUNCHTIME CROSSOVER</td>
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<td>12:20pm - 12:45pm</td>
<td>PM SECOND REGISTRATION (Week A Berlin - Athens - Moscow - Prague / Week B Luxembourg - Rome - Warsaw)*</td>
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<td>SECOND LUNCH (Week A Luxembourg - Rome - Warsaw / Week B Berlin - Athens - Moscow - Prague)*</td>
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<td>12:45pm - 13:45pm</td>
<td>LESSON 4</td>
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<td>13:45pm - 14:40pm</td>
<td>LESSON 5</td>
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*Friday only of Week A and Week B
- Years 9, 10 & 11 first lunch
- Years 7 & 8 first registration
- Years 9, 10 & 11 second registration
- Years 7 & 8 second Lunch
The Henry Beaufort School is delighted to announce that not only has it maintained consistently high academic outcomes in the face of the new tougher GCSE grading systems, but, for the fourth year in a row, results have risen significantly. 82% of students attained a Grade 4 or above in Maths and 83% attained a Grade 4 or above in English. Students achieving a Grade 4 or above in both Maths and English rose to 76%, a 4% increase on last year. A significant number of students achieved Grade 9’s in Maths and English, which is a remarkable achievement.

On the first year through of the new GCSEs using the grading system 9-1, Science results with students achieving two GCSEs at Grade 4 or above, have risen by 8% to 84% with a total of 29 grades at Grade 9. French, German and Spanish results were also exceptional at 81%, 85% and 88% respectively. Other notable achievements at Grade 4 or above were Food Technology who attained 81%, PE 80%, and Photography, a relatively new addition to the School’s GCSE portfolio, at 79%.

Headteacher, Sue Hearle, commented, ‘The students and staff at the School worked tirelessly in the run up to the exams. I would like to take this opportunity to thank the students for their commitment to their studies, as well as the staff for their determination to give every child a successful outcome.’
<table>
<thead>
<tr>
<th>NAME</th>
<th>JOB</th>
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<tbody>
<tr>
<td>Mr Ben Brown</td>
<td>DT Teacher</td>
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<tr>
<td>Mrs Lindy Burbidge</td>
<td>Science Teacher</td>
</tr>
<tr>
<td>Mrs Samantha Chalke</td>
<td>Maths Teacher</td>
</tr>
<tr>
<td>Mrs Rosamund Cox</td>
<td>Schools Direct MFL</td>
</tr>
<tr>
<td>Mr Marios Demetriades</td>
<td>Art Teacher (maternity cover)</td>
</tr>
<tr>
<td>Mrs Emma Hayes</td>
<td>Geography Teacher</td>
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<tr>
<td>Mr Ferenc Horvai</td>
<td>Cover Supervisor</td>
</tr>
<tr>
<td>Miss Clara Knight</td>
<td>Schools Direct English</td>
</tr>
<tr>
<td>Mrs Kimberley Lockhart</td>
<td>Schools Direct Maths</td>
</tr>
<tr>
<td>Miss Keri McWhirter</td>
<td>Schools Direct History</td>
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<tr>
<td>Mr Luke Newman</td>
<td>Schools Direct PE</td>
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<tr>
<td>Mrs Tracy Parsons</td>
<td>LSA</td>
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<tr>
<td>Mr Adam Stott</td>
<td>LSA</td>
</tr>
<tr>
<td>Mrs Debbie Weir</td>
<td>Communications Support Assistant</td>
</tr>
<tr>
<td>Mrs Rebekah Wilson</td>
<td>Maths Teacher</td>
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</tbody>
</table>

To all the new staff who have joined Henry Beaufort this term:
The Henry Beaufort School are the winners of The Hampshire Education Awards 2018 for Improving Life Chances and Outstanding Contribution to Education.

We are absolutely delighted to report that our nominated colleagues from The Henry Beaufort School were award winners at the recent Hampshire Education Awards 2018!

Mrs Lewis and Mrs Sacre received the Hampshire Award for ‘Improving Life Chances’ for our young people.

Miss Colebourn received the Hampshire Award for ‘Outstanding Contribution to Education’. Both awards could not have gone to more deserving education professionals.

The awards ceremony took place in The Great Hall in Winchester and the awards were presented by Will Gompertz, the BBC Arts Editor.

Sue Hearle, Headteacher stated ‘I am so pleased that Hampshire have introduced these awards and I know my colleagues would agree that hearing about the work of education professionals right across the county was both humbling and inspiring’.

Many congratulations
Mrs Lewis, Mrs Sacre and Miss Colebourn!
Over two weekends in May and June, 44 GCSE PE students headed to the Hampshire Mountain Centre in the Brecon Beacons, Wales to participate in a weekend of climbing as part of their GCSE PE practical assessment.

For GCSE PE, students have to be assessed in three sports as the performer, with each sport accounting for 10% of the overall grade. A number of students opt to take part in climbing as they can use it as an ‘individual’ sport and they love embracing the challenge of the climbs.

Both groups were blessed with lovely weather for each of the weekends. The students climbed all weekend and during this time they were continually assessed. During the climbs they have to demonstrate a number of climbing skills including; traversing, knot and rope work, abseiling, belaying and many more.
Creative Forces Day 2018

Last term, Astha Subba, Reshma Rana, Debbie Niumataiwalu and Resica Thapa participated in Creative Forces Day at The University of Winchester. This event was designed to give students from service families across Hampshire the chance to gain an insight into university life, the different opportunities available to them, and the ways in which they would be supported.

The group took part in a range of degree subject taster sessions including journalism, where they practised live interviewing and recording skills, and archaeology, where they successfully worked together to assemble an entire human skeleton!

Current students from the University, who were also from service families, were on hand to give a campus tour, as well as taking part in a particularly informative question and answer session about what university life is like and the value that the experience of being from a service family could bring to their future. All four students found it to be a really enjoyable and beneficial day.
Henry Beaufort was born c1374 in a British domain called Anjou, in France and was the grandson of King Edward III of the Royal House of Plantagenet. Henry was a Medieval English clergyman and became Bishop of Lincoln in 1398. Prior to this, he had held the post of Chancellor of Oxford University for a short time.

In 1404, Henry Beaufort became Bishop of Winchester. He was also a key political figure, playing the role of Lord Chancellor of England three times. Already a wealthy man, he made more money by charging high interest rates to lend funds to the Crown at a time of state insolvency. His wealth brought him power; he faced little opposition as the man who funded the government.

In 1424, Bishop Henry Beaufort was made Cardinal and later took the role of ‘Papal Legate’ a representative of the Pope. As a highly educated and therefore influential man, he is credited with training and educating his nephew King Henry V who acceded to the throne in 1403. Henry Beaufort was also said to be at the trial of Joan of Arc, in Rouen, in 1431 before she was executed by burning at the stake.

He died in 1447 and is buried at Winchester Cathedral.
Throughout last year, Year 10 Child Development students worked hard to prepare for their exam in June. This exam is worth 50% of the overall mark and can be taken at the end of Year 10, meaning one less exam to worry about in Year 11!

Students have also completed a Babysitting course, where they covered topics such as first aid and play activities for children, including messy play and making slime! They were all presented certificates for completing the course at the end of Year 10.

The group also works closely with the on-site nursery. Students interviewed Lindsay (Nursery Manager) who explained how a nursery works and this inside knowledge will be very helpful as students move on to the coursework element of the qualification.

In June, students had the opportunity to plan play activities for the children at Henry’s Kindergarten, the school’s on-site nursery. They worked with the children aged 3-5 from the ‘Big Bears’ room, looking at balance, running and colour recognition games. It was a great opportunity to experience life in the nursery as they involved themselves in the morning activities.

Later in June, the students welcomed Dawn, Head of Curriculum for Child Care at Peter Symonds, into a lesson. Students were able to ask her questions and to find out more about post-16 options in child care, as the trip to the nursery inspired some of them to think about this as a potential career.
Henry Beaufort Alumni - Do you have a story to tell?

The Henry Beaufort School was built in 1971 as the first purpose-built, co-educational, comprehensive school in Winchester, to serve the new developments created by the new Teg Down, Weeke Manor and Harestock estates.

In three years’ time, we celebrate the 50th anniversary of the school’s opening and we are already discussing a number of exciting ways in which we intend to mark this special anniversary.

We would love to celebrate some of the successes of our Alumni and share, as inspirational stories, their achievements and experiences beyond Henry Beaufort.

If you were a student here and have a story to tell, then we would really love to hear from you. The experiences and achievements of our Alumni have a huge part to play in raising the aspirations of our current students.

Go on...have a word with the boss!

Is your business interested in getting involved with The Henry Beaufort School? If so, then Business 4 Schools would love to hear from you.

Business 4 Schools works closely with schools across the south coast, including The Henry Beaufort School, producing an array of marketing material. This newsletter is one example as Business 4 Schools seeks to forge closer partnerships with commerce.

Education budgets are getting tighter, pupil numbers are increasing, and Business 4 Schools has identified an innovative solution for schools to get their message out to their local community and to key stakeholders. It’s exactly the same philosophy which business takes in seeking fresh markets.

That’s why Business 4 Schools is inviting local companies to get involved with advertising in The Henry Beaufort’s newsletters. If your business values its place at the heart of the community, Business 4 Schools provides a unique bridge between your brand and The Henry Beaufort School.

Businesses advertising in this newsletter have seen its value, reaching out to a huge audience of parents and school stakeholders. Theirs is a captive audience, straddling a wide demographic, who want to read what is happening in their local school. And, of course, it is supporting your school.

So let us open the door for your business to sit at the heart of the community and to partner with The Henry Beaufort School – and if it’s not you making the decisions, then why not have a word with the boss!!

For more details visit: www.business4schools.co.uk
Students at The Henry Beaufort School are thrilled to be taking part in the 2019 Rock Challenge® initiative. Rock Challenge® is a Performing Arts competition for schools, colleges and youth groups that aspires to promote creativity, healthy lifestyles and education. It aims to show young people how they can achieve a natural ‘high’ without the use of tobacco, alcohol and other substances.

The School’s challenge is to choreograph a performance, on a theme of our choice, which will be performed on a professional stage in early 2019. Dates and locations are still to be confirmed but previous venues have included the Guildhalls in Southampton and Portsmouth.

On the day of the event, each school spends time rehearsing, before performing to an audience of their peers, families and community members. The performances will be judged by a panel of professionals from the Performing Arts industry and awards will be presented at the end of the show.

Students from Years 8 to 11 will be involved in the project, having attended auditions in June. As well as dancers, there are lots of opportunities to get involved in other ways too including choreography, backstage crew, and costume, hair, make up and set design.

Fundraising will take place throughout the year to ensure as many students as possible can take part.

If you are able to contribute to our fundraising efforts, or help with the creation of costumes and a set, please get in touch with Miss Bean at the following email address:

Rachel.bean@staff.beaufort.hants.sch.uk.

NCS Champion Status for Henry Beaufort

The National Citizen Service (NCS) provides a once in a lifetime experience for 15-17 year olds to help build confidence and self-belief. Participants have the opportunity to live away from home for a short period, develop life skills, take part in a host of activities and meet new people.

This year Henry Beaufort has been awarded ‘Champion’ status which is given to those institutions who have excelled in promoting the innovative NCS programme to students and recruiting young people to take part in the last academic year.

The school signed up over 20% of the Year 11 cohort, which is quite an achievement considering the exam pressures that students faced. Staff from the school will collect the award at a ceremony in Bournemouth in November.
The learning ethos at The Henry Beaufort School is based on the work of Professor Guy Claxton on ‘building learning power’ [www.buildinglearningpower.com]. This concept fits with the school’s aim which is to equip students to become successful independent learners.

The school was exceptionally proud to be invited to take part in the 2017-18 Parliamentary Review, a national publication which showcases the work of twelve schools across the country. Henry Beaufort’s article focused on the impact that [HB]² has on the progress of students from Year 7, through GCSE’s and into Post 16 study. Copies of the 2017-18 Parliamentary Review are available at the school if you would like to read more about the [HB]² journey.

An article in this prestigious document was the icing on the cake for the school which is celebrating its third successive year of excellent results and an increase in results despite the introduction of tougher GCSE’s. The hard work and commitment of students and teachers ensured that the school maintained its profile as a ‘school of high standards’ [Ofsted 2017].
Welcome to Henry’s Kindergarten

Henry’s Kindergarten is the on-site nursery at The Henry Beaufort School and caters for children aged 3 months to 5 years. Established in 2004 in a collaborative project between The Henry Beaufort School, Peter Symonds College and Winchester City Council, the nursery is purpose built with excellent facilities for all elements of a child’s development.

The nursery is organised in two age appropriate rooms: ‘Little Bears’ for children aged 3 months to 2 years 6 months, which is able to be further divided to cater for babies under one year; and ‘Big Bears’ for older children. We have our own kitchen, providing lunch and snacks for the children, based on strict nutritional guidelines, and can adapt most recipes to accommodate food allergies and dietary preferences.

Our experienced staff are trained in the EYFS framework and work with parents to ensure children get the best care and development available. All staff undertake regular professional development to support the wellbeing and development of the children, including regular safeguarding and first aid training.

In addition to the indoor space, there are exciting outdoor spaces available for children to discover and gain new skills and experiences. There is even a nature garden which allows children to explore in a safe and secure environment. Children also benefit from being located within the school grounds and often explore the area and get involved with school activities such as Sports Day. One of this year’s highlights was sledging on the school field during the snow!

To find out more, visit our website at http://www.henrysdaynursery.com/ or phone us on 01962 888971.
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Henry Beaufort is always looking at ways of improving the life chances of students and the latest initiative involves using horticulture to change lives. Last academic year, Headteacher Miss Hearle enrolled on the Award in Social and Therapeutic Horticulture, a programme run by Thrive (www.thrive.org.uk) and validated by the University of Coventry.

The course involved designing a horticulture programme that uses gardening as a way of improving the social and emotional skills set of young people, and Miss Hearle’s aim was to create a sustainable all year-round gardening project that would be based in the garden of the school’s Optimal Learning Centre.

With six weeks to produce a research paper alongside the horticultural scheme of work, she really enjoyed getting back to research work and study, and was certainly able to empathise with Year 11 students on the challenge of meeting deadlines!

Gardening has always been an important well-being activity for Miss Hearle and having successfully gained this award, she is now working with the school’s Learning Mentor on using the programme in school. Watch out for updates on this project in forthcoming newsletters.
Last year, nine KS3 students completed their LAMDA (London Academy of Music and Dramatic Art) examination. The students started the process of preparing for their performance examination back in October 2017. Six students took the exam in May and the remaining three in June, with some presenting monologues and duologues and others musical theatre songs.

Portsmouth was the setting for the May examination. The day went well and all the students seemed quite confident with their efforts. Six weeks later, they received their results. Their hard work and commitment had certainly paid off! All students gained a ‘Distinction’ or ‘Merit’, the two highest grade bandings. Many congratulations to William Bevis, Max Taylor, Olivia Grimes, Phoebe Da swell-Clarke, Izzie Dunleavey and Hannah Woodhall.

Zoe Kierans, Charlotte Tarrant and Alice Eyssens took their examination in Bournemouth in June and they were due to receive their results during the summer holidays.

After our Autumn production of ‘We Will Rock You’, look out for more information about next year’s LAMDA club. We look forward to seeing those who have successfully taken their examination this year returning to take on the challenge of a higher grade! If you think this might be something you would enjoy, come along and find out more in November. Details will be in the Extension Timetable and Student Bulletin.
In June, 34 Henry Beaufort students visited Roche Court near Salisbury to explore outdoor sculpture as part of their GCSE Art, Craft and Design course.

The New Art Centre at Roche Court is home to a wide range of outdoor sculpture created by highly esteemed sculptors from around the world. The sculptures are set in a beautiful rural landscape and students were encouraged by the educational guides to think about how the work inhabits the space, as well as the added meaning a setting can give the work.

The aim of the trip was to develop students’ confidence in responding to art work – enabling them to ask questions, express their thoughts and emotions, and to realise that their opinions are valid and valued. Students also produced drawings in a range of media in direct response to the sculpture and were encouraged to experiment with different ways of seeing and recording the work. By the end of the day, each student had a favourite sculpture and much more knowledge about how and why sculpture is made.

Once back at school, students used the drawings, notes and photographs that they took in their sketchbooks to document their experience. They have also undertaken further research into some of the artists whose work they encountered, particularly the work of Peter Randall-Page. This in turn will help shape ideas for a sculpture they are currently designing and working on, inspired by seed pod forms which they have been drawing and photographing in lessons. We look forward to seeing the resulting 3d final outcomes with great anticipation!
Last term, Year 7 students read the play ‘Vacuees’ by Bill Martin. Set during World War 2, the play follows the journey of children who are evacuated from the city to the countryside during the war and explores their experiences with their new host parents.

In lessons, students worked on reading skills, spelling, punctuation, inference and meaning. The final task of the year was to write a letter in role as part of a whole class performance. Each student chose a character to write their letter home to parents. The letter was a challenge to capture the story of the play from their character’s perspective and to work on English skills in the process. Students started by word processing the letter, allowing them to structure their work effectively, applying good English writing skills such as adjectives, spelling, punctuation and grammar. They then practised hand writing skills as they wrote out their finished letters. To give the letter a sense of authenticity, they applied some tea staining before collating their pieces together in a display.

The class later performed a scene from the play, including their letters, to an invited audience of Year 7 peers and parents. The performance captured the characters in action, with the letters providing both a visual representation of the evacuees’ story and an effective stage prop.

Here are some of the students’ reflections on their experiences:

‘It’s been a good way to develop my English skills.’
‘It’s been good to practise my handwriting.’
‘It’s helped me with my stage fright.’
‘I’ve been able to improve my reading.’
During enrichment week in July, Year 10 students had a fantastic opportunity to experience a week in industry, thanks to over 150 employers who hosted students on work placements. This year, students visited employers such as Skanska, The University of Winchester, ArchitecturePLB, South Western Railway and Sustainable Acoustics, and shadowed a wide variety of roles including marketing, consulting and designing.

Students enjoyed their placements, gaining experience and developing employability skills to support them with their future decisions and career path. When surveyed, all employers stated that they observed skills such as team working, good listening skills and positive engagement, all of which are taught and developed by our hb2 learning ethos. In addition, 85% of respondents were either Satisfied or Very Satisfied with their student and 90% of our employers said they would be interested in hosting a student next year. When asked to rate their student, 90% rated them 4 and 5 stars.

Well done to all the students for representing the School so well at their placements. We are grateful to Mrs Hill for co-ordinating the work experience programme and to all staff who visited students in the work place.

Engagement with our employer partners is something we are aiming to extend by involving employers in other events and activities as part of the careers agenda.

If you are employed in a local organisation or run your own business and would be interested in supporting The Henry Beaufort School, please contact us on admin@beaufort.hants.sch.uk.
The Henry Beaufort School is thrilled to have featured in a recent article highlighting the use of 3D printing in the classroom. The article appeared on Learnbylayers, an online resource supporting teachers, and covered a screwdriver design and print project run by teacher Mr Lane.

The article went on to say, ‘This is a small and simple project that would be easy to manage in terms of 3D printing whole class sets of designs and one that will be relatively cheap to run. A perfect way to introduce students to the technology.’

Mr Lane adds, ‘3D printing is becoming more popular and affordable to schools and with it comes a new level of accuracy for design and manufacturing. When producing something with the 3D printer, it enables students to design and create work to a standard which would not be achievable using traditional methods. Students create their designs using CAD and then these are transferred to the 3D printer. What students get is a 100% replica of their design 3D printed.’

The Henry Beaufort School introduces 3D printing in Year 10 where students develop and use their existing Computer Aided Design (CAD) skills to start their 3D journey. One of their first projects is measuring lego blocks and then recreating them. Once produced, these enable students to see the accuracy and tolerance in which they can create and produce items.
Over 250 parents and students enjoyed the annual Henry Beaufort PE Department Sport Awards Evening in July. Special guest was Harlequins and England Rugby player, Joe Marchant, who attended Henry Beaufort from 2007-2011. Joe was interviewed by Mr Coe on ‘Coe’s Chat Show’ segment and shared what it’s like to be a professional sportsperson and gave tips on how to achieve this. He also talked about his time at The Henry Beaufort School and reflected on his PE lessons.

During the evening, recognition and awards were given to students in a range of sports including dance, football, rugby and athletics to name a few. In each year group, there were awards for Most Improved Player and Player of the Season, with each award winner receiving a medal and a certificate.

In addition, the following new Sport Captains were elected and presented with their ties:

<table>
<thead>
<tr>
<th>Year 7:</th>
<th>Year 8:</th>
<th>Year 9:</th>
<th>Year 10:</th>
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</thead>
<tbody>
<tr>
<td>Alice Eyssens</td>
<td>Izzy Smith</td>
<td>Frankie Blake Jones</td>
<td>Phoebe Andrew-Power</td>
</tr>
<tr>
<td>Grace Beadle</td>
<td>Joel Eastwood</td>
<td>Zac Moss</td>
<td>Ben Thomas</td>
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<tr>
<td>Jago Evison</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jonny Clake</td>
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The ‘Team of the Year’ award went to the Year 10 Boys’ Football Team, after an impressive season where they reached the quarter final of the County Cup and were crowned District Cup champions.

It was lovely to see so many budding athletes and have the opportunity to celebrate their success. Thank you to all the students who have shown such commitment to the extra-curricular programme and represented the school with enthusiasm. Team PE are always proud to take various teams to external fixtures, as they conduct themselves in such an excellent way and demonstrate great sportsmanship. We look forward to another successful sporting year at Henry Beaufort starting in the Autumn Term!
In June, the PE Department took a group of 50 Year 9 students to Chichester University’s Institute of Sport to take part in ‘The Festival of Sport’.

The day was arranged by Chichester University to provide opportunities to try out different sports, to learn about the effects of exercise on the body and to discover what careers in sport are available. Students were able to learn from the world-leading researchers and external experts from local and national organisations that Chichester had organised to come in.

During the day, they participated in climbing, tennis, wheelchair basketball, volleyball, dance and many more. Students also did a variety of investigations to test the physiological effects of physical activity, for example they submerged their arm in ice cold water and looked at the effect it has on the power of their grip. Other physical challenges included seeing how powerfully they could kick a football, and throw and drive a golf ball. Co-ordination skills and reaction times were tested too, with drumming and cup stacking.

Overall, it was a great day and the students thoroughly enjoyed themselves. Hopefully they are all inspired ready for their GCSE PE courses in Year 10!
Hampshire Athletics

Well done to Alex (Year 9) and Oli (Year 10) who were both selected to represent Hampshire in the Southern Inter Counties Athletics Championships against Kent, Sussex and Surrey which took place at Crawley in June.

Both boys are long distance runners, with Alex running the 800m and Oli the 1,500m. Oli was the 1st Hampshire runner to cross the line in a time of 9.36, it was an incredible run and missed out on a personal best by 1 second! Alex completed his 800m race in a fantastic time of 2.06 and finished 5th overall. Well done to both boys on a fabulous effort!

Eastleigh and Winchester District Athletics Competition

Also in June, 40 students across Years 7, 8, 9 and 10 headed to Southampton for the Eastleigh and Winchester District Athletics Competition. It was a scorching day and given the heat there were some incredible individual and team performances:

<table>
<thead>
<tr>
<th>Year 7 Boys</th>
<th>Year 7 Girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ben – 1st in 80m, 200m</td>
<td>Alice – 1st in hurdles</td>
</tr>
<tr>
<td>Rob – 1st in 150m</td>
<td>Lenka – 2nd in 80m and High Jump</td>
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<tr>
<td>Jago – 1st in 600m and Long Jump</td>
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<table>
<thead>
<tr>
<th>Year 9 Boys</th>
<th>Year 10 Boys</th>
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</thead>
<tbody>
<tr>
<td>Alex – 1st in 800m</td>
<td>Oli – 2nd in 1,500m</td>
</tr>
<tr>
<td></td>
<td>Ben – 1st in High Jump and Long Jump</td>
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</table>

There was also success for the Year 7 boys and Year 10 boys in the relay team, as both teams gave great performances to win their respective races.

This event served as the District Trials for the Year 7 and 8 students, so after some excellent results we are hoping for a number of students to be selected. It is also a team event where points were awarded depending on the finishing position and then each year group was given a final finishing position. The Year 7 boys won the team event overall and the Year 10 boys finished 3rd overall – a fantastic achievement!

Well done to everyone involved and good luck to those students who are selected for the District Championships in July.
In June, Sophie Rowe and Anna Willis rode in their first show-jumping competition as part of The Henry Beaufort School’s Equestrian team. This team is a new addition to the PE Department with Sophie and Anna being the first members.

The competition took place at Wellington where pupils from schools all over Hampshire competed in different height show-jumping categories. Both girls did very well for their first competition completing clear rounds; Sophie rode her horse George and came fourth and Anna rode her horse Rainie and came third! They all looked extremely smart in their show attire and new Henry Beaufort numnahs.

If any other students would like to join the Equestrian Team, please speak to Miss Elsdon. Currently we can only accept students with their own horse or horse on loan but in the future, we will look at opening this club to all.
It has been fantastic to see excellent attendance at Rounders Club every Wednesday over the last year; there are often in excess of 60 students, both boys and girls, taking part. There were a number of friendly fixtures for the different year group teams, including Kings, Perins, Thornden, Mountbatten and a rained off fixture against Westgate still to be re-arranged.

Year 7
The Year 7 team have enjoyed an excellent season. With more than 25 boys and girls at training, it has been possible to rotate the team for each game. The girls played four games against Kings, Perins, Mountbatten and Thornden, with two wins and two losses. Some stand out performances have been from a competitive Grace on 2nd base, Zoe with her excellent bowling and Alice with her calm and controlled approach to back stop!

Year 8
Meanwhile, in Year 8, the team started off with games against Kings and Perins and frustratingly for them narrowly lost both games by half a rounder. However, they bounced back and with a new found confidence, they won convincingly against Thornden and Mountbatten! The batting performances from Chloe, Sophie and Ellie have been fantastic this season and Anna has impressed as an excellent all-rounder!

Year 9
With wins over Kings, Perins, Thornden and Mountbatten, the Year 9 girls have been unbeaten this season! Well done – a great team with lots of positive play. Some star players have included Becca, Jess and Lily!

Year 10
In Year 10, the girls have played Kings, Westgate, Perins, Mountbatten and Thornden, winning three and losing two. As always, Jennie has been amazing with the bat and in the field, Izzy has continued to bowl with accuracy and power, and all the other girls have contributed to some excellent performances!
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday, 22nd October</td>
<td>Start of Half Term</td>
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<tr>
<td>Friday, 26th October</td>
<td>End of Half Term</td>
</tr>
<tr>
<td>Friday, 30th November</td>
<td>INSET DAY</td>
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<tr>
<td>Wednesday, 19 December</td>
<td>End of Autumn Term</td>
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<tr>
<th>Date</th>
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<tbody>
<tr>
<td>Monday, 7th January</td>
<td>Start of Spring Term</td>
</tr>
<tr>
<td>Monday, 18th February</td>
<td>Start of Half Term</td>
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<tr>
<td>Friday, 22nd February</td>
<td>End of Half Term</td>
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<tr>
<td>Friday, 5 April</td>
<td>End of Spring Term</td>
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<tr>
<td>Tuesday, 23 April</td>
<td>Start of Summer Term</td>
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<td>Monday, 27 May</td>
<td>Start of Half Term</td>
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<td>Friday, 31 May</td>
<td>End of Half Term</td>
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<tr>
<td>Monday, 17 June</td>
<td>INSET DAY</td>
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<tr>
<td>Tuesday, 23 July</td>
<td>End of Summer term</td>
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