

Sex and Relationships Education Policy 2017

Policy amended by:	Miss Shelton	May 2017
Consultation by:	SLT/HOY	May 2017
Reviewed and recommended by:	SLT	May 2017
Approved by:	Curriculum Committee	June 2017
To be Reviewed by:	Spring	2021

Effective sex and relationships education is essential if young people are to make responsible and well-informed decisions about their lives. The new PHSE framework will help pupils develop the skills and understanding they need to live confident, healthy and independent lives.

Source Dcsf Sex and Relationships Education Guidance 2000

Rationale:

The government requires (Education Act 1996 and Language and Skills Act 2000) that all maintained secondary schools must provide Sex and Relationships Education (including education about HIV and AIDS and other Sexually Transmitted Diseases) for all pupils on roll.

This policy has been written in order to set down the manner in which Sex and Relationships Education is delivered in this school and to communicate this clearly to staff, students, parents and visitors. The prime responsibility for bringing up children rests with parents and we readily acknowledge that they are key figures in helping their children to cope with the emotional and physical aspects of growing up. We firmly believe too, that Sex and Relationships Education is an educational entitlement of all students and an integral part of their preparation for life. Through the use of relevant and caring teaching techniques we aim to ensure that students of all ages and abilities will have the opportunity to explore, discuss and gain an understanding of the fundamental components of the Sex and Relationships Education Programme in order to be able to make informed decisions where necessary in their lives.

The Curriculum philosophy, aims and objectives of the school (see prospectus) form the basis of curricular decisions.

Purposes:

Sex and Relationships Education is considered to be a part of personal, social and health education and should not be isolated from teaching programmes designed to help young people prepare themselves for life. It has moral, legal, ethical and cultural dimensions as well as having a skills base which involves assertiveness and communication; it is widely felt that many aspects of health education are of little benefit to students if they do not have the skills needed to help them resist pressure from their peers when necessary. Without the ability to make their feelings heard and understood young people will still make inappropriate responses to situations that could put them at risk.

In addition, Sex and Relationships Education has a biological component, i.e. knowledge of the human body and how it functions. However, it is also concerned with exploring feelings as well as responsibility to oneself and others; it is about helping students to examine their own and other people's attitudes and values and making informed decisions.

Sex and Relationships Education is developmental and should be taught at a level appropriate to the age and stage of development of the child. Consequently, it needs to be taught at several different stages in different ways. A key factor in Sex and Relationships Education is self-esteem, which in itself can be affected by a range of factors. Sex and Relationships Education can explore these influences and encourage young people to become aware of the options open to them, enabling them to take charge of their own behaviour.

It has to be acknowledged that this is an age of increasing sexual awareness, where coverage by the media and social networking has highlighted the issue to such an extent that it is now

necessary to present students with accurate and sensitively handled information about sex and related issues.

In summary we aim:

- to provide factual biological information on sexual matters, including human reproduction.
- to promote responsible behaviour and the ability to make informed and independent decisions concerning sexual matters.
- to increase awareness of personal responsibility and to provide the factual information needed to make educated choices.
- to develop the skills needed by future parents and child carers.

Guidelines

1. Content

Sex and Relationships Education provides knowledge and encourages the acquisition of skills and attitudes which will allow students to manage their lives in a responsible and healthy way.

This involves three areas:

- a) knowledge and information
- b) values and attitudes
- c) skills and abilities

2. Organisation

- a) Sex and Relationships Education is co-ordinated by the teacher responsible for the Citizenship, PSHE, SMSC, Careers and Work Experience programme.
- b) Delivery is through:
 - Planned aspects within the Science, and Humanities curriculum.
 - In Year 7 this includes 'Health, healthy eating and growing up' in Citizenship/PSHE as part of "Drop Down Day"
 - In Year 8 this includes 'sexting' and other forms of sexual cyber misadventure within the Cyber Safety module in Citizenship/PSHE as part of "Drop Down Day"
 - In Year 9 this includes 'Relationships & Sexual Health' (including introduction to contraception & pregnancy, sexual responsibility and the law) in Citizenship/PSHE as part of "Drop Down Day"
 - In Year 10 'Sexual Health' includes further contraception knowledge and skills, relationships, sexuality, consequences & delay, STIs & AIDs, and signposting in Citizenship/PSHE as part of "Drop Down Day"
 - In Year 11 'Aspects of Adult Life' includes parenting and abortion in Citizenship/PSHE as part of "Drop Down Day"
 - Addressing moral and ethical issues which may arise from apparently unrelated topics in all National Curriculum subjects. Within this category, as long as any discussion takes place within the context of the subject, it will not be deemed to be part of the Sex and Relationships Education programme and therefore not subject to the parental right of withdrawal.
- c) **Teaching approaches:**

A variety of approaches are used to give students relevant information so that moral issues can be explored through discussion and to enable students to acquire appropriate skills. Visiting speakers are used where appropriate and they are required to work within the framework of this policy. Teachers will be present when a visiting speaker takes part in a lesson. Details can be seen in the schemes of work.

d) Student groupings:

Students are predominantly taught in mixed gender and ability groupings.

e) Resources:

- Materials - In addition to published Science texts, a wide range of teaching resources are available to teachers and for inspection by parents through the Co-ordinator (see 2(a) above).
- Staff - With regard to Sex and Relationships Education it is important that staff feel comfortable with the subject matter. Staff involved are offered appropriate training and are required to teach within the aims of this policy.

3. Specific Issues

a) Confidentiality and Advice

Students will be made aware that some information cannot be held confidential, and made to understand that if certain disclosures are made certain actions will ensue. At the same time students will be offered sensitive and appropriate support. The following procedures will be adhered to by all adults.

i) Disclosure of suspicion of possible abuse

The school's child protection procedures will be invoked.
(See Child Protection Policy).

ii) Disclosure of pregnancy or advice on contraception -

It is hoped that the following procedure will ensure that students who are in difficulty know that they can talk to an adult in the school and that they will be supported. The school will always encourage students to talk to their parents first:

- students should be asked whether they can tell their parent(s) and whether they want help in doing so;
- if students refuse to tell their parent(s) the adult should refer them to a health professional; the adult should report the incident to the Headteacher who will make a decision regarding contact with the parent(s).
- as a school we will adhere to the Information Sharing and Confidentiality Policy (Hampshire children's services)

Professional information and guidance will always be sought from a health professional

Students will have access to information about local services, ie, F.P. Clinic, doctor surgeries.

b) Family Life

In compliance with the 1996 Education Act and the Learning and Skills Act (2000), Sex and Relationships Education will be given in such a manner as to encourage students to have due regard for moral considerations and the value of family life.

- c) As part of the Sex and Relationships Education programme issues of contraception, HIV/AIDS, STI's and abortion are addressed. Issues concerning sexuality are also addressed. Facts are presented in an objective and balanced way, with students being encouraged to consider their attitudes and values within the framework set out in this policy.

d) Complaints Procedure

Any complaint about the Sex and Relationships Education curriculum should be made to the Headteacher who will report to the governors if appropriate.

e) Parental Partnership

Under the Education Act of 1996 parents have the right to withdraw their children from all or part of the Sex and Relationships Education programme (except those aspects included in the Science National Curriculum). Parents who wish to exercise this right are asked to make an appointment to see the Citizenship, PSHE, SMSC, Careers & Work Experience coordinator to discuss the issues, although they are under no obligation to do so. A letter to the Headteacher is required. Once a student has been withdrawn he/she cannot take part in later Sex and Relationships Education without parental approval. Students withdrawn from Sex and Relationships Education lessons will be set alternative work to be completed under supervision elsewhere in the school.

4. Monitoring and Review

- a. Sex and Relationships Education will be monitored by the staff responsible for its co-ordination (see 2a).
- b. The policy will be reviewed by the Curriculum Committee of the Governing Body at three yearly intervals.

5. Dissemination of the Policy

This policy is summarised in the school prospectus. The full policy will be made available on request to all parents when their child enters the school. Schemes of work are available to parents for inspection via the Citizenship, PSHE, SMSC, Careers & Work Experience coordinator.

6. Other Policies which have relevance to Sex and Relationships Education are:

Child Protection Policy
Safeguarding Policy
Equal Opportunities Policy
Anti Bullying Policy
PSHE Policy

Date: Policy redrafted September 1994 – March 1995, endorsed by staff in May 1995, presented to parents in June 1995 and to Governors in July 1995. Reviewed and amended by staff and the Curriculum Committee, Governing Body in June 1998.

Reviewed and amended: June 2001

Reviewed and amended: March 2005

Reviewed and amended: March 2009

Reviewed and amended April 2013

Reviewed and amended June 2017


<i>Personal Development day 1</i>	<i>PD day 2</i>	<i>PD day 3</i>	<i>PD day 4</i>	<i>PD day 5</i>	<i>PD day 6</i>
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<i>Year 7</i>	Team building - Fairthorne Manor trip PSHE & SMSC	My environment C Citizenship	Health, healthy eating and growing up PSHE	Values & heroes C Citizenship, SMSC inc. British values	Personal safety – trains, electricity, going out, Cycle safety PSHE	My journey : positive choices Careers., PSHE & fairtrade, SMSC
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<i>Year 8</i>	HB ² Teaching & learning	British Values: Refugees C Citizenship, SMSC, British values	Health - avoiding smoking and drugs PSHE	Cyber Safety & use of IT PSHE, Careers & SMSC	Identity, diversity & stereotypes . C Citizenship & British values	Government - local & national C Citizenship & SMSC
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<i>Year 9</i>	HB ² Teaching & learning	Relationships and peer mediation. PSHE	Real game day & options Careers	Choices and consequences – risky behaviours PSHE	Global Citizenship: relationship with EU, rich & poor, charities C Citizenship, SMSC	Careers: HE & apprenticeships Careers
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<i>Year 10</i>	Work Experience & RE Careers & RE	Health Issues: Drugs & alcohol PSHE	Power, democracy and government - UK central govt. RE C Citizenship, SMSC & RE	Sexual Health & RE PSHE & RE	Justice system (ASBOs, civil & criminal law etc) C Citizenship, SMSC	Y10 Enrichment SMSC
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<i>Year 11</i>	Careers & RoA Careers	Study skills, RE & Mock interviews. Teaching & Learning RE, Careers	National Citizenship Service (NCS) & Mock exams week C Citizenship, SMSC	Health issues (including mental health, eating disorders, stress) PSHE	Aspects of adult life (Budgeting, driving, domestic abuse). RE PSHE & RE	<h2 style="text-align: center;">Drop Down Days</h2> 
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