

21 May 2020

Dear Parents and Students

Years 7-11 Feel Good Friday

All of your teachers at school recognise the hard work and efforts that you are all putting in at home. We wanted this to be acknowledged with a day where you did not have to focus on school work, but to take part in some fun, challenging, creative or calm activities; in an event called Feel Good Friday.

This Friday you are not expected to complete any school work. We would like you to read the document attached and choose some activities to take part in (you will also find this document and more in the 'Feel Good Friday' hbX folder in the student drive). Please email me any photographs or video footage (landscape is best) of you completing the activities, it would be lovely to make a compilation of the day.

We hope you enjoy!

Kind regards

Mrs H Briggs
Head of Year 9

Attachment
hbX Feel Good Friday hbX Challenges