



## Sport Studies

- Higher Education**
- Employment**
- Personal Trainer, Fitness Instructor, Recreational or Leisure Assistant, Sports Coach, Activity Leader, Coaching
- Apprenticeships in sport
- University**
- Degrees in Sport coaching, Leisure managements, Sport and exercise Science, Sports Journalism

**Climbing Weekend**  
Students to get the opportunity to use Rock Climbing As an individual assessment

**Further Education**  
BTEC Level 3 in Sport  
A Level in PE



Finalise any coursework elements

### Sports Leadership

Students to plan and deliver a sport session of their cho And evaluate it – WWW and EBI

Students to understand communication and delivery styles

### Sport Studies

#### OCR Cambridge Nationals

##### **Examination – 25%**

Students will explore a range of topical and contemporary issues in sport, as well as the promotion of values and ethical behaviour through sport

##### **Practical – 25%**

Students will develop their skills, techniques and use of tactics/strategies/compositional ideas in both an individual and a team sporting activity

##### **Sport Leadership (25%)**

In this unit, students learn about different leadership roles and styles. They will then go onto to plan and deliver effective and safe sessions and evaluate their own performance.

##### **Sport and the media (25%)**

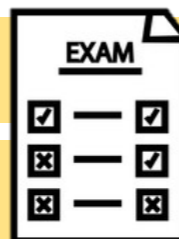
Students will develop their knowledge about different media and explain the positive and negative impacts on the media on sport.

#### Exam Content

LO3 Understand the importance of hosting major sporting events

#### Exam Content

LO4 Know about the role of national governing bodies in sport



#### PRACTICAL Sport Leadership



Understand the different leadership and roles in sport

Students to understand how to make a session safe. 'Risk Assessments'

#### Examination – June of Year 10

Students to complete their exam worth 25%

#### Exam Content

LO2 Know about the role of sport in promoting values



#### Sport Leadership

Introduction to what makes a good leader



#### PRACTICAL

Students to focus on 'Individual Sports'  
Table tennis, Badminton & Dance

Be able to use skills, techniques and strategies in an individual sport

**Year 9 Festival of Sport**  
Sport Studies students given the opportunity to officiate



#### Practical

All students to be assessed as an official in a sport of their choice. Apply rules to an activity/sport with consistency

Officiate Primary school and Yr 7&8 competitions

#### Practical

Explore the different types of 'skills' and 'practices'

#### Exam Content

LO1 Understand the issues which affect participation in Sport

#### Previous Learning

Theory aspects in Yr 7&8 include;

Skeletal system; Muscular system; Components of fitness; Health; Cardio vascular system; Warm up and cool down; Effects of exercise; Training; Movement analysis; Aerobic and Anaerobic respiration



#### PRACTICAL

Students to focus on 'Team Sports'  
Netball, Handball, Rugby, Football, Basketball

Be able to use skills, techniques and strategies in a team sport



#### Sport and the Media

Project based work on the positive and negative relationship between sport and the media – different types of media coverage, relationship between sport and media

#### Practical

Students to explore their strengths and weakness of a team sport and create a project on how to improve weaknesses with different practices and how to measure improvements.

Your GCSE Physical Education Journey starts here ...