

PD/CC Day 3rd Feb – Year 8 Timetable

Period 1	Period 2	Period 3	Period 4	Period 5
<p><u>Options Taster Sessions.</u> The students will be able to independently explore different option subjects by working through some set tasks. All of this will be available in the Online Work from Home Folder on 3rd Feb The Subjects to choose from are:</p> <ul style="list-style-type: none">• Art• Photography• Sports Studies• GCSE PE• Computing• Engineering• Business Studies• Music• Drama• Child Development• Health and Social Care			<p><u>Wellbeing Wednesday.</u> Miss Bean has put together a wide range of resources that are designed for students to use to help with their own mental wellbeing. The activities range from mindful colouring to quizzes with the family. We hope students make the most of this time to help them get them into a positive mind and relax from a stressful few weeks.</p>	