

# PD/CC Day 3<sup>rd</sup> Feb – Year 10 Timetable

Period 1	Period 2	Period 3	Period 4	Period 5
<p><b><u>RE.</u></b> The Year 11 students were due to have a visit from an Iman. However we have sent their questions to him and he has kindly sent back a video answering them. This is hosted by Miss McMahon and Miss Assinder and a great opportunity for students to get some insight into the Islamic faith</p>	<p><b><u>The University of Winchester Taster</u></b> In partnership with the University we are able to offer some videos and activities to help give Year 10 students a Taster of what University Life might be like and also support in making those all important decision at where to go once they leave The Henry Beaufort School</p>	<p><b><u>Careers Website.</u></b> Students can create an account and independently research possible career and further education routes. Details and instructions will be in the folder</p>	<p><b><u>Wellbeing Wednesday.</u></b> Miss Bean has put together a wide range of resources that are designed for students to use to help with their own mental wellbeing. The activities range from mindful colouring to quizzes with the family. We hope students make the most of this time to help them get them into a positive mind and relax from a stressful few weeks.</p>	