

H2R Week

Question-a-day Revision March 2021 – April 2021

Subject: Sports Studies



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	NOTES:
<p>22nd March</p> <p>Identify the 9 User Groups.</p>	<p>23rd March</p> <p>List 5 barriers to participation.</p>	<p>24th March</p> <p>List 5 solutions to barriers to participation.</p>	<p>25th March</p> <p>Which User Groups are more likely to have lower participation rates?</p>	<p>26th March</p> <p>Define Provision and Promotion.</p>	<p>27th March</p> <p>Explain how you can improve access for two different user groups.</p>	<p>28th March</p> <p>What do the Olympic rings represent and why are they those colours?</p>	
<p>29th March</p> <p>What values are promoted through sport?</p>	<p>30th March</p> <p>Define Emerging Sports.</p>	<p>31st March</p> <p>What are the 7 Olympic and Paralympic values?</p>	<p>1st April</p> <p>Give an example of tolerance and respect.</p>	<p>2nd April</p> <p>What does PED stand for? Give an example.</p>	<p>3rd April</p> <p>Define Olympic Creed.</p>	<p>4th April</p> <p>Describe WADA's Whereabouts Rule.</p>	
<p>5th April</p> <p>Identify 3 benefits of hosting a major sporting event.</p>	<p>6th April</p> <p>What values does FIFA Football for Hope promote?</p>	<p>7th April</p> <p>Define Sportsmanship and give an example.</p>	<p>8th April</p> <p>List 3 Emerging Sports.</p>	<p>9th April</p> <p>Name 3 National Governing Bodies's and the sports they represent.</p>	<p>10th April</p> <p>Define Gamesmanship and give an Example.</p>	<p>11th April</p> <p>What is an example of good sports etiquette?</p>	
<p>12th April</p> <p>Give an example for Infrastructure for one NGB.</p>	<p>13th April</p> <p>Name 2 international sporting events.</p>	<p>14th April</p> <p>What are the effects of PED's on the body?</p>	<p>15th April</p> <p>Describe 3 drawbacks to hosting a major sporting event.</p>	<p>16th April</p> <p>Write a description and example for the value Excellence.</p>	<p>17th April</p> <p>What are the impacts of taking PED's on the performer</p>	<p>18th April</p> <p>What are the 3 types of legacy from hosting a major sporting event?</p>	

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Exam Board: OCR Cambridge National

Mock exam Paper: Whole Paper

Topic to Revise:

	Topic:	R	A	G
LO1: Understand the issues that affect participation in sport	User groups that participate in sport			
	Barriers and solutions to sports participation			
	Sporting popularity and current trends			
	Growth of emerging sports in the UK			
LO2: Know about the role of sport in promoting values	What values does sport promote? How are they promoted/why are they important in life?			
	The Olympic and Paralympic movement			
	Other initiatives and events that promote values			
	The importance of etiquette and sporting behaviour			
	The use of performance enhancing drugs in sport			
LO3: Understanding the importance of hosting major sporting events	The features of major sporting events			
	Levels of investment			
	Potential legacy's			
LO4: The role of National Governing Bodies in sport	What are they?			
	What do they do?			