

# Mid-Morning

## WEEK ONE



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### Grab 'n' Go

Hot Filled Bagels  
Fresh Fruit  
Stone Baked Pizza  
Twists

Hot Filled Bagels  
Fresh Fruit

Hot Filled Bagels  
Fresh Fruit

Hot Filled Bagels  
Fresh Fruit

Hot Filled Bagels  
Fresh Fruit

#### Lighter Choice

Jacket Potato  
with choice of  
toppings

Jacket Potato  
with choice of  
toppings

Jacket Potato  
with choice of  
toppings

Jacket Potato  
with choice of  
toppings

Jacket Potato  
with choice of  
toppings

#### Snack Box

American

Mexican

Loaded Sweet  
Potato Fries

British

Indian

#### Bakery

Oat Cookie

Chocolate  
Brownie

Apple &  
Blackberry Muffin

Iced Bun

Fruity Flapjack

*Real Wrap Co.*

Hot & Cold Deli  
Selection

Hot & Cold Deli  
Selection

Hot & Cold Deli  
Selection

Hot & Cold Deli  
Selection

Hot & Cold Deli  
Selection