









Personal Development



Our Personal Development Programme is designed to equip students with information to support them through the challenges of their formative years: the programme looks to educate and nurture students, enabling them to make informed choices in their lives so that they can keep themselves healthy, safe and happy. The programme encourages all students to be open-minded citizens and to prepare themselves for life in modern Britain. It is essential that our students know how to manage their academic, personal and social lives in a positive way - the programme works in a structured and developed way to enable this.



Personal Development Days 2021-22 (writing in red = year group assembly or outside speaker)

Year group	PD 1 – Wednesday 29th September B	PD 2 – Thursday 21 st October A	PD 3 – Monday 10 th January B	PD 4 – Tuesday 22nd March A	PD 5 – Tuesday 28 th June B
Year 7	FAIRTHORNE MANOR – Team Building and New Challenges. 	Democracy and the Government	Healthy Lifestyles – diet, physical activity and puberty 	Morals and Ethics – character values 	Personal Safety – Road safety , cycle safety, water safety and first aid
Year 8	Drugs Education – Smoking, Vaping, Alcohol, the law and peer pressure 	Human Rights – stereotyping, discrimination and respectful behaviours. OPTIONS assembly Straw Poll 1 	Think future – Taster sessions. X4 OPTIONS assembly Straw Poll 2.	Online safety – antibullying, gaming, grooming, peer pressure (including body image and self-esteem) 	Government – local, national and international
Year 9	Choices and consequences of risky behaviours Prison Me, No Way talk 	Global Citizens – relationships with EU, tackling disability discrimination and Prevent 	Understanding Careers - goal setting, pathways, careers inspiration EBP south P1,2&3 1/3 yr. group at a time.	RSE – relationships, LGBTQ, FGM and laws, contraception and STIs. 	Money Matters – saving, budgeting, borrowing and debt.
Year 10	Work Experience – introduction to process, skills and qualities Further Education Fair RE – Religion in the UK and Lockdown	Influence of Role Models related to managing change. RE-Religious Attitudes towards Relationships 	Crime and Punishment, tackling Racism and Discrimination RE- Stephen Lawrence Racism (2 hours) 	Drugs Education – Daniel Spargo Mabbs Foundation 	‘The Year ahead’ – planning for Year 11. EBP south P1,2&3 1/3 yr. group at a time.


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Year 11	Future Pathways – <i>Personal Statements</i> Further Education Fair RE-Extremism in Action	Emotional Health and Wellbeing - Aaron Phipps Motivational talk RE- The After Life	Risky Behaviours RE- Capital Punishment 	Becoming an adult EPB Interview Prep Day x5 sessions 	
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Differentiation for Personal Development

- Seating plan
- Targeted questioning
- Group/paired tasks
- Resources (e.g. include subtitles)
- Through explanations
- Where necessary, differentiated worksheets
- Think – Pair – Share

Key to core themes of Personal Development:

 *The star symbol represents topics within the core themes that explicitly content within relationships and sex education.*

Health and wellbeing

Living in the wider world

Relationships

Citizenship

Careers

Please note that our students continue to learn about Personal Development through our tutor and assembly programme.

Year 10 students are taught RSE in a timetabled lesson, once per fortnight.