

Our Personal Development Programme is designed to equip students with information to support them through the challenges of their formative years: the programme looks to educate and nurture students, enabling them to make informed choices in their lives so that they can keep themselves healthy, safe and happy. The programme encourages all students to be open-minded citizens and to prepare themselves for life in modern Britain. It is essential that our students know how to manage their academic, personal and social lives in a positive way - the programme works in a structured and developed way to enable this.

Personal Development Curriculum Mapping



The star symbol on this curriculum map represents topics within the core themes that explicitly cover content within RSE.



The compass symbol on this curriculum map represents topics within the core themes that explicitly cover content within Cultural Capital



The suitcase symbol on this curriculum map represents topics within the core themes that explicitly cover content within Careers.

PD Topic	Year 7	Year 8	Year 9	Year 10	Year 11
Health and Wellbeing	<ul style="list-style-type: none"> ★ Transition to secondary school • Healthy lifestyles – diet, physical activity ★ Managing puberty physically and emotionally. • Safety – road, cycle and water safety. First Aid 	<ul style="list-style-type: none"> • Drugs Ed – smoking, alcohol, illegal substances, law and peer pressure. • Mental Health and emotional wellbeing, including body image and self-esteem. 	<ul style="list-style-type: none"> ★ Choices – risky behaviours, knife and gang related crimes. Gambling and debt. ★ Positive relationships. 	<ul style="list-style-type: none"> • Drugs Education – DSMF ★ Evaluating the social and emotional risks of drug use. • First Aid in response to drug use. 	<ul style="list-style-type: none"> • Mental health and ill health, stress, tackling stigma. • Promoting self-esteem and coping with stress • Learning revision skill to maximise potential • Risky behaviours such as knife crime and the law, learning to take responsibility.
Living in the wider world	<ul style="list-style-type: none"> ★ Morals and Ethics – character building, diversity and prejudices. Making ethical financial decisions. • Introduction to Careers. 	<ul style="list-style-type: none"> • Anti-bullying • Human Rights – stereotyping, discrimination, respecting religion. ★ Challenging career stereotypes and raising aspirations 	<ul style="list-style-type: none"> • Understanding careers and future aspirations. • Identifying learning strengths and setting goals. • Saving, spending and budgeting our money. 	<ul style="list-style-type: none"> ★ Preparation for Work Experience – CVs, interview preparation, skills and • Evaluating Work Experience and the readiness for work. • Tackling Racism and Discrimination. 	<ul style="list-style-type: none"> • Future pathways – personal statement, goal setting, character building. • Understanding the causes and effects of debt. • Risks associated with gambling.

		as part of the GCSE process.	<ul style="list-style-type: none"> Risks and consequence making financial decisions. Tackling disability discrimination. 		
Relationship and Sex Education (RSE)	<ul style="list-style-type: none"> Puberty Respectful relationships, team work, managing friendships. 	<ul style="list-style-type: none"> Peer pressures – positive and negative. Online safety – mobile phone use. Managing online friendships. 	<ul style="list-style-type: none"> Sexuality Healthy relationships and consent The risks of STIs and contraception. Tackling homophobia, transphobia and sexism. 	<ul style="list-style-type: none"> RSE SoW for Year 10. Exploring the influence of role models. Managing change and loss. 	<ul style="list-style-type: none"> Challenging extremism and radicalisation. Laws around sexual harassment and sexual violence.
Citizenship & British Values	<ul style="list-style-type: none"> Democracy and the government. 	<ul style="list-style-type: none"> Local, national and international governments 	<ul style="list-style-type: none"> Money matters – spending, saving, debt. Global citizenship Prevent 	<ul style="list-style-type: none"> Crime and Punishment Prevent 	<ul style="list-style-type: none"> NCS Finances of adult life.
Careers	<ul style="list-style-type: none"> EBP – Business Speed Networking National Careers Week focus 	<ul style="list-style-type: none"> Pathways for options and careers. Think future - skills and strengths for employability. National Careers Week focus 	<ul style="list-style-type: none"> Employability skills – strengths and weaknesses of an individual. Further Education Fair National Careers Week focus 	<ul style="list-style-type: none"> Work Experience Further Education Fair National Careers Week focus University and College taster days. Skills for employment and career progression 	<ul style="list-style-type: none"> Record of Achievements Personal strengths and goal setting. Further Education Fair. Interview Preparation Day

Differentiation for Personal Development

- Seating plan
- Targeted questioning
- Group/paired tasks
- Resources (e.g. include subtitles)
- Through explanations
- Where necessary, differentiated worksheets
- Think – Pair – Share strategy