

Personal Development

Personal Development Curriculum:

Our Personal Development Programme is designed to equip students with information to support them through the challenges of their formative years: the programme looks to educate and nurture students, enabling them to make informed choices in their lives so that they can keep themselves healthy, safe and happy. The programme encourages all students to be open-minded citizens and to prepare themselves for life in modern Britain. It is essential that our students know how to manage their academic, personal and social lives in a positive way - the programme works in a structured and developed way to enable this.

Personal Development Days 2022-23 (writing in red = year group assembly or outside speaker)

Year group	PD 1 – Tuesday 27 th September	PD 2 – Friday 21 st October	PD 3 – Monday 9 th January	PD 4 – Tuesday 14 th March	PD 5 – Wednesday 28 th June
Year 7	Team Building and New Challenges. Army workshops ★	Democracy and the Government	Healthy Lifestyles – <i>diet, physical activity and puberty</i> ★	Morals and Ethics – <i>character values</i> ★	Your Future – Personal safety EBP Business Networking
Year 8	Drugs Education – <i>Smoking, Vaping, Alcohol, the law, and peer pressure</i> ★	Human Rights – <i>stereotyping, discrimination, and respectful behaviours.</i> OPTIONS assembly Straw Poll 1 ★	Think future – Taster sessions. X4 OPTIONS assembly Straw Poll 2	Online safety – <i>antibullying, gaming, grooming, peer pressure (including body image and self-esteem)</i> ★	Government – <i>local, national and international</i>
Year 9	Choices and consequences of risky behaviours Winchester Prison Talk Further Education Fair ★	Global Citizens – <i>relationships with EU, tackling disability discrimination and Prevent</i> ★	<i>Understanding Careers - goal setting, pathways, careers inspiration</i>	RSE – <i>relationships, LGBTQ, FGM and laws, contraception and STIs.</i> ★	Money Matters – <i>saving, budgeting, borrowing and debt.</i>

Personal Development



Year 10	<p>Work Experience – <i>introduction to process, skills, and qualities</i></p> <p>Further Education Fair</p> <p>RE – Wealth, Poverty and Exploitation of the poor.</p>	<p>Influence of Role Models related to managing change.</p> <p>Online presentation – careers at the bar ★</p> <p>RE- Fighting for Human Rights.</p>	<p>Crime and Punishment, tackling Racism and Discrimination</p> <p>RE- Stephen Lawrence Racism ★</p>	<p>Drugs Education – Daniel Spargo Mabbs Foundation ★</p>	<p>‘The Year ahead’ – planning for Year 11.</p>
Year 11	<p>Future Pathways – <i>Personal Statements</i></p> <p>Further Education Fair</p> <p>RE- Punishments, are they necessary?</p>	<p>Emotional Health and Wellbeing - Aaron Phipps Motivational talk</p> <p>*Application Clinic - BCOT</p> <p>RE- Sanctity of Life</p>	<p>Becoming an adult EPB Interview ready ★</p>	<p>Risky Behaviours ★</p> <p>RE- Religious Attitudes to roles and relationships.</p>	

Differentiation for Personal Development

- Seating plan
- Targeted questioning
- Group/paired tasks
- Resources (includes subtitles)
- Through explanations
- Where necessary, differentiated worksheets
- Think – Pair – Share

Key to core themes of Personal Development:

★ *The star symbol represents topics within the core themes that explicitly content within relationships and sex education.*

Health and wellbeing

Living in the wider world

Relationships

Citizenship

Careers

Please note that our students continue to learn about Personal Development through our tutor and assembly programme.

Year 10 students are taught RSE in a timetabled lesson, once per fortnight.