

# How to Revise Week

## Question-a-day and 20 minute Revision tasks March & April 2023

Subject: Child Development



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	NOTES:
<b>27th March</b> What 3 factors influence whether you become parents?	<b>28th March</b> What is pre-conception care?	<b>29th March</b> What are 5 primary needs of a baby?	<b>30th March</b> What are the different types of contraception?	<b>31st March</b> Can you draw and label the female reproductive system?	<b>1st April</b> Can you draw and label the male reproductive system?	<b>2nd April</b> What is ovulation, fertilization and implantation?	
<b>3rd April</b> Can you explain 5 different professionals related to pregnancy?	<b>4th April</b> What are 5 reasons to have a blood tests in a routine check up?	<b>5th April</b> Do a mind map about 'Antenatal classes'	<b>6th April</b> What are 4 different diagnostic tests?	<b>7th April</b> Explain each of the 3 stages of labour	<b>8th April</b> What measurements are taken of a new baby?	<b>9th April</b> What are the 3 types of assisted birth?	
<b>10th April</b> What problems may a premature baby have?	<b>11th April</b> What are the different vaccination a child will have?	<b>12th April</b> What is P I E S when meeting the needs of an ill child?	<b>13th April</b> State 6 different accidents in a house	<b>14th April</b> Draw all the safety symbols and explain them	<b>15th April</b> Identify 5 hazards in a kitchen	<b>16th April</b> What does antenatal and postnatal mean?	
20 minute revision task  Safety	20 minute revision task  LO1 Revision	20 minute revision task  Birth	20 minute revision task  Key words flash cards	20 minute revision task  Childhood illness			

**Subject: Child Development**

**Exam Board:  
OCR Cambridge National**

**Mock exam Paper: Health and Well  
Being for Child Development (40%)  
1 hour 15 mins**

## Topic to Revise:

### **Topic 1: Pre-conception health and reproduction**

- The wide range of factors that affect the decision to have children
- Preconception health
- Roles and responsibilities of parenthood
- To recognise and evaluate methods of contraception, their efficiency and reliability
- The structure and function of the male and female reproductive system
- How reproduction takes place
- Signs of pregnancy

### **Topic 3: Postnatal checks, postnatal care and the conditions for development**

- The postnatal check of the new-born baby
- Needs of premature babies
- Postnatal provision for the mother and family
- Conditions for development
- Need for acceptable pattern of behaviour and approaches to discipline

### **Topic 2: Understand antenatal care and preparation for birth**

- The roles of the different health professional supporting the mother
- The importance of antenatal and parenting classes
- Routine checks carried out at antenatal clinic, including scans
- Screening and diagnostic testing
- The choices available for delivery
- The stages of labour and methods of delivery, including pain relief
- Assisted births

### **Topic 4: Childhood illness and a child safe environment**

- How immunity to disease can be acquired
- How to recognise and treat common childhood ailments
- When to seek treatment by a doctor/emergency services
- Diet related illnesses, obesity
- Needs of an ill child, preparing a child for a hospital stay
- How to ensure a child friendly safe environment