

Subject: GCSE PE

Task 3

Please go to this website

<https://www.bbc.co.uk/bitesize/guides/zx4gk7h/revision/2>

Please make some notes, flashcards about **PED's- Performance Enhancing Drugs**

You need the following information;

PED	How it works	What sport performer would use it and why?
Anabolic Steroids		
EPO		
Blood Doping		
Diuretics		
Stimulants		
Beta Blockers		
Narcotic Analgesics		