

Our Personal Development Programme is designed to equip students with information to support them through the challenges of their formative years: the programme looks to educate and nurture students, enabling them to make informed choices in their lives so that they can keep themselves healthy, safe, and happy. The programme encourages all students to be open-minded citizens and to prepare themselves for life in modern Britain. It is essential that our students know how to manage their academic, personal and social lives in a positive way - the programme works in a structured and developed way to enable this.

Personal Development Tutor Themes for 2023-2024

	Date	PD Theme
1	19 th September	EARA Ambassadors – what we do...
2	3 rd October	Black History Month – EARA Ambassadors
3	17 th October	World Mental Health Day - Wellbeing Ambassadors
4	31 st October	Anti Bullying Week
5	14 th November	Diabetes Day – KNI
6	28 th November	hbX audit and hbXMAS COUNTDOWN
7	12 th December	World Human Rights Day
8	2 nd January	New Years Resolutions
9	16 th January	Pride – Pride Ambassadors
10	30 th January	Children’s Mental Health – Wellbeing Ambassadors
11	20 th February	Online Safety
12	5 th March	National Careers Week
13	19 th March	hbX audit
14	16 th April	Autism Awareness – Autism Ambassadors
15	30 th April	Deaf Awareness Week
16	14 th May	World Mental Health & Good Luck Year 11s – Wellbeing Ambassadors
17	4 th June	Say Something Nice
18	18 th June	Personal reflections
19	2 nd July	Enrichment week planning and prep

- *Some session may need to be altered due to whole school specific needs*