



Careers in PE;
 Coaching
 Personal trainer
 PE Teaching
 Sports Coach
 Physiotherapist
 Nutritionist
 Performance Analyst

GCSE Physical Education Breakdown

Examination - 60%
Practical Assessment - 30%
Analyse & Evaluate Performance - 10%

Study Sport at College, or apprenticeships

Lifelong participation in sport!

Yr 12 presentation; GCSE PE Awards, Sportsman and Sportswomen

YEAR 12



Pupils to submit video footage as Evidence (If required)

Pupils' complete full mock moderation

Revisit Paper 2 Topic
Revision Focus

Final Course Results for GCSE PE

Pupils to complete Paper 1 and 2 Final Exams

Topic 12
Use of Data

Topic 12
Movement Analysis

Revisit Paper 1 Topic
Revision Focus

Revision
Exam Technique Focus

Practical Focus
Finalise 3 Sports (Individual and Team)

Work Experience opportunities in sport

Complete Analysis of Performance CWK (NEA)

Topic 9
Anatomy and Physiology



Topic 11
Aerobic and Anaerobic and Effects of Exercise

YEAR 11

Pupils assessed in a mock moderation of Individual sports

Topic 10
Cardio-Respiratory system.

Topic 8
Socio-cultural and Ethical Issues

Topic 5
Physical Activity and Participation

Topic 6
Sports Psychology

Practical Focus
Individual Sports



Pupils assessed in a mock moderation of team sports

YEAR 10

Topic 7
Commercialisation

To start Analysis of Performance CWK (NEA)

Topic 3
Fitness Testing

Topic 1
Health and Fitness



Topic 4
Training

Practical Focus
Team Sports

Topic 2
Components of Fitness

YEAR 9

Previous Learning Theory aspects in Year 7&8 include; Skeletal system; Muscular system; Components of fitness; Health; Cardiovascular system; Warm up and cool down; Effects of exercise; Training; Movement analysis; Aerobic and Anaerobic respiration

Assessment

Two 1hr 15min exams in the summer of Year 11 Worth 60% of final mark (each paper is worth 30% and out of 78 marks)

Paper 1 = Anatomy & Physiology, Fitness & Training, Movement Analysis, Data Analysis

Paper 2 = Sport Psychology, Commercialisation of Sport, Social Factors & Participation, Ethical & Socio-cultural issues

Practical Assessment (30% of final mark) Assessed in 3 practical sports (each weighted 10%) and must be a mixture of Team and Individual Sports

Coursework (worth 10% of final mark) In depth written analysis and evaluation of own sporting performance completed in theory lessons. Marked by teachers and moderated by AQA.