

Subject: GCSE PE

Task 5

Please complete a 'mind map' of the 3 different **Somatotypes**.

You need to be able to explain;

- The characteristics of the body type
- What sport would best suit that body type and why? What advantage would they get in that sport? How would it improve their performance?

Could you 'link' in other topics to your mind map?

- Obesity
- Diet
- Health