

## Personal Development

### Personal Development Curriculum:

Our Personal Development Programme is designed to equip students with information to support them through the challenges of their formative years: the programme looks to educate and nurture students, enabling them to make informed choices in their lives so that they can keep themselves healthy, safe and happy. The programme encourages all students to be open-minded citizens and to prepare themselves for life in modern Britain. It is essential that our students know how to manage their academic, personal and social lives in a positive way - the programme works in a structured and developed way to enable this.

### Personal Development Days 2024-25 (writing in red = year group assembly/outside speaker opportunities)

Year group	PD 1 – Tuesday 24 <sup>th</sup> September	PD 2 – Friday 25 <sup>th</sup> October	PD 3 – Monday 13 <sup>th</sup> January	PD 4 – Tuesday 25 <sup>th</sup> March	PD 5 – Wednesday 2 <sup>nd</sup> July
Year 7	Morals and Ethics – <i>character values</i> 	 Team Building and New Challenges.  <span style="background-color: yellow;">Army Workshop TBC</span>	Healthy Lifestyles – <i>diet, physical activity and puberty</i> 	Your Future – Personal safety <span style="background-color: yellow;">EBP Business Networking 4x1hr P2 -5</span>	<u>Maths &amp; Design and Technology</u> <u>Legoland</u> <u>STEM</u> Students investigate the history of Lego, design their own Lego mini figures and take part in STEM workshop.
Year 8	Drugs Education – <i>Smoking, Vaping, Alcohol, the law, and peer pressure</i> 	Human Rights – <i>stereotyping, discrimination, and respectful behaviours.</i> <span style="background-color: yellow;">OPTIONS fayre 4 and 5 assembly</span> <span style="background-color: yellow;">Straw Poll 1</span> 	Think future – Taster sessions. X3 <span style="background-color: yellow;">OPTIONS assembly Straw Poll 2 P5</span>	 Online safety – <i>antibullying, gaming, grooming, peer pressure (including body image and self-esteem)</i>	Government – <i>local, national and international</i>

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Year 9	Choices and consequences of risky behaviours  <b>Further Education Fair</b> ★	Global Citizens – relationships with EU, tackling disability discrimination and Prevent ★	Understanding Careers - goal setting, pathways, careers inspiration	RSE – relationships, LGBTQ, FGM and laws, contraception and STIs. ★	Money Matters – saving, budgeting, borrowing and debt.
Year 10	Work Experience – introduction to process, skills, and qualities  <b>Further Education Fair</b> Sociology – Wealth, Poverty and Exploitation of the poor.	Influence of Role Models related to managing change.  <b>Presentation – careers at the bar</b> ★ Sociology Fighting for Human Rights.	Crime and Punishment, tackling Racism and Discrimination  RE- <b>Stephen Lawrence Racism</b> ★	Drugs Education –  <b>Daniel Spargo Mabb's Foundation</b> ★	Enrichment Trip
Year 11	Future Pathways – Personal Statements  <b>Further Education Fair</b> Sociology - Punishments, are they necessary?	Becoming an adult  * Sociology Sanctity of Life <b>EPB Interview ready 3x1hr</b>	★ Emotional Health and Wellbeing - Sociology Religious Attitudes to roles and relationships.  <b>Inspirational Speak A Phipps</b>	Risky Behaviours ★	

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### Differentiation for Personal Development

- Seating plan
- Targeted questioning
- Group/paired tasks
- Resources (includes subtitles)
- Through explanations
- Where necessary, differentiated worksheets
- Think – Pair – Share

### Key to core themes of Personal Development:

 The star symbol represents topics within the core themes that explicitly content within relationships and sex education.

Health and wellbeing

Living in the wider world

Relationships

Citizenship

Careers

*Please note that our students continue to learn about Personal Development through our tutor and assembly programme.*

*Year 10 students are taught RSE in a timetabled lesson, once per fortnight.*