



# *The* HENRY BEAUFORT *School*

*At The Henry Beaufort School there are no limitations to individual success; we do not accept mediocrity or complacency*  
[www.beaufort.hants.sch.uk](http://www.beaufort.hants.sch.uk)

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Headteacher: Miss S Hearle

To: All Years

13 March 2017

Dear Parents

## Drop Down Day - Tuesday 21<sup>st</sup> March 2017

Henry Beaufort's 4th Personal Development Drop Down Day takes place on Tuesday 21<sup>st</sup> March. All students will be off timetable for the day and will be taking part in a variety of personal development workshops overseen by members of Henry Beaufort staff. Students will not need to bring any of their exercise books, but will need their planner and pencil case. In addition, Year 7 students will need their trainers and an outdoor coat as some of the day will involve outdoor tasks.

The topics covered during the day are:

- Year 7 Values: Our identity, values & British Values
- Year 8 Cyber Safety
- Year 9 Choices & Consequences, including personal safety & health
- Year 10 Sexual Health, including aspects of RE.
- Year 11 Mental health & wellbeing

We are looking forward to having an exciting and useful day.

Yours sincerely

Mrs Hill

Design & Technology: Textiles

Coordinator: Citizenship, PSHE, SMSC, Careers & Work Experience