

# How to Revise Week

## Question-a-day and 20 minute Revision tasks March & April 2025

Subject: Child Development



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	NOTES:
<b>24th March</b> What 3 factors influence whether you become parents?	<b>25th March</b> What is pre-conception care?	<b>26th March</b> What are 5 primary needs of a baby?	<b>27th March</b> What are the different types of contraception?	<b>28th March</b> Can you draw and label the female reproductive system?	<b>29th March</b> Can you draw and label the male reproductive system?	<b>30th March</b> What is ovulation, fertilization and implantation?	
<b>31st March</b> Can you explain 5 different professionals related to pregnancy?	<b>1st April</b> What are 5 reasons to have a blood tests in a routine check up?	<b>2nd April</b> Do a mind map about ‘Antenatal classes’	<b>3rd April</b> What are 4 different diagnostic tests?	<b>4th April</b> Explain each of the 3 stages of labour	<b>5th April</b> What measurements are taken of a new baby?	<b>6th April</b> What are the 3 types of assisted birth?	
<b>7th April</b> What problems may a premature baby have?	<b>8th April</b> What are the different vaccination a child will have?	<b>9th April</b> What is P I E S when meeting the needs of an ill child?	<b>10th April</b> State 6 different accidents in a house	<b>11th April</b> Draw all the safety symbols and explain them	<b>12th April</b> Identify 5 hazards in a kitchen	<b>13th April</b> What does antenatal and postnatal mean?	
<b>20 minute revision task</b>  <b>Safety</b>	<b>20 minute revision task</b>  <b>LO1 Revision</b>	<b>20 minute revision task</b>  <b>Birth</b>	<b>20 minute revision task</b>  <b>Key words flash cards</b>	<b>20 minute revision task</b>  <b>Childhood illness</b>			

**Subject: Child Development**

**Exam Board:  
OCR Cambridge National**

**Mock exam Paper: Health and Well  
Being for Child Development (40%)  
1 hour 15 mins**

## Topic to Revise:

### **Topic 1: Pre-conception health and reproduction**

- The wide range of factors that affect the decision to have children
- Preconception health
- Roles and responsibilities of parenthood
- To recognise and evaluate methods of contraception, their efficiency and reliability
- The structure and function of the male and female reproductive system
- How reproduction takes place
- Signs of pregnancy

### **Topic 3: Postnatal checks, postnatal care and the conditions for development**

- The postnatal check of the new-born baby
- Needs of premature babies
- Postnatal provision for the mother and family
- Conditions for development
- Need for acceptable pattern of behaviour and approaches to discipline

### **Topic 2: Understand antenatal care and preparation for birth**

- The roles of the different health professional supporting the mother
- The importance of antenatal and parenting classes
- Routine checks carried out at antenatal clinic, including scans
- Screening and diagnostic testing
- The choices available for delivery
- The stages of labour and methods of delivery, including pain relief
- Assisted births

### **Topic 4: Childhood illness and a child safe environment**

- How immunity to disease can be acquired
- How to recognise and treat common childhood ailments
- When to seek treatment by a doctor/emergency services
- Diet related illnesses, obesity
- Needs of an ill child, preparing a child for a hospital stay
- How to ensure a child friendly safe environment