

Dear Parent,

We are writing to inform you about a change in the curriculum for your child going into Year 10. It is now statutory for every secondary school to deliver curriculum content to students about Relationships and Sex and Health Education (RSHE). Whilst this is covered in our Personal Development Days that take place throughout the year, students in Year 10 now have one lesson dedicated to RSHE on their timetable and this will apply to your child next year.

These lessons will be delivered by teaching staff from The Henry Beaufort School, and the lessons are an opportunity to provide students with knowledge on these subjects as well as the opportunity to discuss various topics and themes. Over the course of the next academic year, your child will cover the following key topics in their RSHE lessons:

- Families
- Respectful relationships
- Online safety and awareness
- Being safe
- Intimate and sexual relationships, including sexual health

Within each key area, students will cover a number of specific themes. If you would like further details about the content of RSHE lessons and an overview of the course, this information can be found on the school website within the curriculum pages.

In addition to this, a copy of our Whole School Policy on Relationships and Sex and Health Education can also be found on our website in the 'Our School' section.

As a school, we take every care to ensure that these lessons are delivered in a sensitive and understanding way, so that our students feel safe and respected when discussing the issues covered.

Whilst the teaching of RSHE is now statutory, as parents you do have the right to withdraw your child from the non-statutory components of Sex Education. This includes teaching about sexual intercourse, reproduction and contraception beyond the science curriculum. If this is something that you wish to do, please contact your child's Head of Year.

We have made every effort to ensure that our curriculum offer for RSHE is carefully planned to cover the statutory content and content that is relevant to our students. However, if there is anything that you feel would be beneficial for our students to know about with regards to RSHE, please add this information to the Microsoft Form.

Alternatively, we would be happy to discuss any issues or answer any questions via email or telephone.

We would be grateful if you could complete the short Microsoft Form [Year 10 Relationships, Sex and Health Education - Parent Survey – Fill out form](#)



The **HENRY**
BEAUFORT *School*

to confirm that you have read and understood the information by 22nd June 2026.

Yours sincerely,

Mrs H Briggs & Mr P Leggatt

RSHE Leads