The HENRY BEAUFORT School

Year 7

Year 7-9 Core PE National Curriculum Points.	Badminton	Basketball	Gymnastics	Dance	Handball	Netball	Fitness	Tennis	Athletics	Cricket	Rounders	Year 7 Camp	Extra-curricular clubs/Fixtures
Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis	x	x			x	x		x		x	x		x
Develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics			x	x			x		x				
Perform dances using advanced dance techniques within a range of dance styles and forms			x	x									
Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group												x	
Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal bes	x	x	x	x	x	x	x	x	x	x	x		
Take part in competitive sports and activities outside school through community links or sports clubs.													x

Year 8

Year 7-9 Core PE National Curriculum Points.	Badminton	Basketball	Gymnastics	Dance	Handball	Netball	Fitness	Tennis	Athletics	Cricket	Rounders	Enrichment week (sports Week/Beacon)	Extra-curricular clubs/Fixtures
Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis	x	x			x	x		x		x	x		x
Develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics			x	x			x		x				
Perform dances using advanced dance techniques within a range of dance styles and forms			x	x									
Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group												x	
Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal bes	x	x	x	x	x	x	x	x	x	x	x		
Take part in competitive sports and activities outside school through community links or sports clubs.													x

Year 9

Year 7-9 Core PE National Curriculum Points.	Badminton	Basketball	Indoor Games	Corner Hockey	Handball	Netball	Fitness/Yoga	Tennis	Athletics	Cricket	Softball	Rounders	Enrichment week (sports	Extra-curricular clubs/Fixtures
Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis	x	x			x	x		x		x	x	x		x
Develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics			x	x			x		x					
Perform dances using advanced dance techniques within a range of dance styles and forms														
Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group													x	
Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal bes	x	x	x	x	x	x	x	x	x	x		x		
Take part in competitive sports and activities outside school through community links or sports clubs.														x

Year 10

Year 7-9 Core PE National Curriculum Points.	Badminton	Basketball	Indoor Games	Table Tennis	Handball	Dance	Netball	Fitness/Yoga	Tennis	Athletics	Cricket	Softball	Rounders	Extra-curricular clubs/Fixtures
Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis														
Develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics														
Perform dances using advanced dance techniques within a range of dance styles and forms														
Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group														
Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal bes														
Take part in competitive sports and activities outside school through community links or sports clubs.														

Year 11

Year 7-9 Core PE National Curriculum Points.	Badminton	Basketball	Indoor Games	Table Tennis	Dance	Handball	Netball	Fitness/Yoga	Tennis	Athletics	Cricket	Softball	Rounders	Extra-curricular clubs/Fixtures
Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis														
Develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics														
Perform dances using advanced dance techniques within a range of dance styles and forms														
Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group														
Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal bes														
Take part in competitive sports and activities outside school through community links or sports clubs.														

Year 10 and 11 Core PE National Curriculum Points.

Year 10 and 11 Core PE National Curriculum Points.	Badminton	Basketball	Indoor Games	Table Tennis	Dance	Handball	Netball	Fitness/Yoga	Tennis	Athletics	Cricket	Softball	Rounders	Extra-curricular clubs/Fixtures
Use and develop a variety of tactics and strategies to overcome opponents in team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]	x	x	x	x	x		x		x	x	x	x	x	
Develop their technique and improve their performance in other competitive sports,[for example, athletics and gymnastics], or other physical activities [for example, dance						x				x				
Take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group														
Evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best	x	x	x	x	x	x	x	x	x	x	x	x	x	
Continue to take part regularly in competitive sports and activities outside school through community links or sports clubs														x