












Personal Development

Our Personal Development Programme is designed to equip students with information to support them through the challenges of their formative years: the programme looks to educate and nurture students, enabling them to make informed choices in their lives so that they can keep themselves healthy, safe and happy. The programme encourages all students to be open-minded citizens and to prepare themselves for life in modern Britain. It is essential that our students know how to manage their academic, personal and social lives in a positive way - the programme works in a structured and developed way to enable this.

Pastoral Curriculum – Year group Programme Overview 2024-2025

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1&2
Year 7	New school routines – transition to secondary school	Relationships, kindness, friendships – on and off-line ★	Challenging Career Stereotypes and raising aspirations 	Charity, community, citizenship 	First Aid
Year 8	Relationships, kindness, anti-bullying ★	Human Rights Options	Options and Career choices 	Online safety ★	Enterprise project 
Year 9	Academic resilience	Positive emotional wellbeing and managing conflict ★	Careers and future Pathways 	Risky behaviour	Preparing for GCSEs 
Year 10	Careers - Work experience applications 	How to write a CV and employability skills 	Preparing for Mock Exams	Revision Skills and Learning scientists	Work experience  Mental health and wellbeing
Year 11	Career choices, College and personal statements 	College applications and Interview preparation 	Revision skills, countdown to exams, revision programme	Mental health and wellbeing	

Key to core themes of Personal Development:



The star symbol represents topics within the core themes that explicitly content within relationships and sex education.

Health and wellbeing

Living in the wider world

Relationships

Citizenship

Careers