

## Subject: GCSE PE

### Task 3

Please go to this website

<https://www.bbc.co.uk/bitesize/guides/zx4gk7h/revision/2>

Please make some notes, flashcards about **PED's- Performance Enhancing Drugs**

You need the following information;

| <b>PED</b>                 | <b>How it works</b> | <b>What sport performer would use it and why?</b> |
|----------------------------|---------------------|---------------------------------------------------|
| <b>Anabolic Steroids</b>   |                     |                                                   |
| <b>EPO</b>                 |                     |                                                   |
| <b>Blood Doping</b>        |                     |                                                   |
| <b>Diuretics</b>           |                     |                                                   |
| <b>Stimulants</b>          |                     |                                                   |
| <b>Beta Blockers</b>       |                     |                                                   |
| <b>Narcotic Analgesics</b> |                     |                                                   |

# Revision Tasks

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