

RSHE 2026/27

Lesson	Topic	RSHE strand
1	Introduction to RSHE lesson Relationships - Types of relationships - Long term commitments - Family conflict	Families
2	Conflict and Abuse	Respectful Relationships
3	Coercive Control - This is not ok - Pressure and coercion	Respectful Relationships
4	Sexual Harassment	Respectful Relationships
5	Consent	Respectful Relationships
6	Domestic Violence	Respectful Relationships
7	Manosphere / Gender Stereotypes	Respectful Relationships
8	Gender Questioning	Respectful Relationships
9	What is pornography?	Online and Media
10	Sharing sexual images	Online and Media
11	Grooming via gaming	Online and Media
12	Harassment and stalking	Online and Media
13	FGM	Being Safe
14	Personal Health	Being Safe
15	Sex and the Law	Intimate and Sexual Relationships
16	Contraception and STIs (1)	Intimate and Sexual Relationships
17	Contraception and STIs (2)	Intimate and Sexual Relationships
18	LGBTQ	Intimate and Sexual Relationships
19	Pregnancy - Pregnancy outcomes - Teenage pregnancy	Intimate and Sexual Relationships