

WELCOME TO THE HENRY BEAUFORT SAFEGUARDING NEWSLETTER

This newsletter marks the first edition of our 2025–2026 series, designed to provide parents and carers with timely, practical advice and resources at the end of each half term. Our aim is to support you in helping your child navigate the challenges and opportunities of growing up in today's world.

Each edition will focus on key safeguarding themes; from digital safety and emotional wellbeing to seasonal guidance and support services. In this issue, we spotlight the growing presence of AI chatbots in young people's lives, share tips for keeping children safe during Halloween, and offer resources for managing anger and accessing help when needed.

We hope this newsletter empowers you with knowledge and tools to engage in meaningful conversations with your child and reinforces our shared commitment to their safety and wellbeing.

ARTICLE FROM THE CHILDREN'S SOCIETY ABOUT THE RISK OF CHATBOTS

Understanding Chatbots and Their Role in the Digital World

As part of our ongoing commitment to digital safeguarding, we want to ensure parents and carers are informed about emerging technologies that children may be engaging with—one of which is the use of chatbots.

Chatbots have been part of the digital landscape for quite some time. Some may recall the animated paperclip in older versions of Microsoft Word, which offered assistance—albeit in a limited and sometimes intrusive way. Today, chatbots have evolved significantly and are commonly found in customer service platforms, often initiating conversations before a human representative takes over.

In recent years, the capabilities of chatbots have advanced rapidly. One of the most well-known examples is ChatGPT, launched in late 2022. This AI-powered tool can generate essays, write computer code, and respond to questions in a conversational manner that mimics human interaction. Unlike traditional search engines, ChatGPT and similar tools engage users in dialogue, making the experience feel more personal and intuitive.

According to a recent report by Internet Matters, 67% of children aged 9 to 17 are regularly interacting with AI chatbots. This highlights the importance of understanding how these tools work, what risks they may pose, and how we can guide young people to use them safely and responsibly.

We encourage parents and carers to speak with their children about their online activities, including the use of AI tools, and to explore these technologies together to foster safe and informed digital habits. Included here is an Article from the Childrens Society as well as a video highlighting the dangers of Chatbots

[Chatbots and Children | The Children's Society](#)



[PROTECT US.](#) - Really useful video about the negative impact of generative AI based on real stories.



HOW TO KEEP CHILDREN SAFE THIS HALLOWEEN



Child Accident Prevention Trust – have produced top tips for keeping children safe at Halloween.

Please [click here](#) to view

NSPCC - ANGER MANAGEMENT IN CHILDREN

The screenshot shows the NSPCC website header with the logo and tagline 'EVERY CHILDHOOD IS WORTH FIGHTING FOR'. A navigation menu includes 'Keeping children safe', 'Advice for families', 'Support us', and 'About us'. There are also links for 'Helpline' and 'Search'. A green 'Donate' button is visible in the top right. The main content area features a colorful graphic with a speech bubble containing the word 'subtillos' and a large red starburst. A green box on the left contains the text: 'Anger management in children: how parents can help' and 'Why is my child angry? Advice for coping with anger issues in children and young people from our team of experts.'

NSPCC resource for parents – of children and YP of all ages – to help manage anger.
Please [click here](#) to view Anger management in children: how parents can help | NSPCC



SAFEGUARDING TEAM



The HENRY
BEAUFORT School

The Henry Beaufort Safeguarding Team



MR COE
Designated Safeguarding Lead



MRS BRIGGS
Deputy Designated Safeguarding Lead
Assistant Headteacher



MRS PETER-SIMMONDS
Engagement and Inclusion Manager



MR JANES
Head of Year 7



MISS MCMAHON
Head of Year 8



MR DAVIDSON
Head of Year 9



MISS BEAN
Head of Year 10



MR NAISBITT
Head of Year 11



MISS HODGE
SENDCO



MRS CALLEN-ORGAN
Support and Seclusion
Manager



MRS MOURANT
Learning Hub Manager



MR APPLIN
Deputy Headteacher



MRS CAVELL-WELLS
Safeguarding Governor



MR LIONEL JONES
Safeguarding Governor

www.beaufort.hants.sch.uk



SAFEGUARDING PROCEDURE

If you are concerned about the well-being of someone in school, please contact our safeguarding team via email at: Safeguarding@beaufort.hants.sch.uk

When contacting us, please detail the name of the person you are concerned about, their tutor group (if known) and a brief description of your concern (what, when, where, who etc.).

If you are contacting us to raise a safeguarding concern and it is out of school hours or out of term time, please contact Hampshire County Council's safeguarding team on: 0300 555 1384 or, the police on 101.

If a child is in immediate danger, please contact the police using 999.



CALL IT OUT

Use this **QR code** to sign in and share any concerns you have about;

Any behaviour that you have seen or experienced that worries you.

This could be



AT HOME



TO AND
FROM
SCHOOL



AT SCHOOL





SOURCES OF SUPPORT FOR YOU

If you feel like you're struggling right now, you're not alone. We've gathered contact information for some helplines, so you know where you can turn to if you need some help. Remember, it's ok not to be ok.

FAMILY LIFE

Family Lives (support on any aspect of parenting and family life. Freephone) | 0808 800 2222 | askus@familylives.org.uk | familylives.org.uk

MENTAL HEALTH

For you:

Samaritans (free) | 116 123 | jo@samaritans.org | samaritans.org

Mind (calls charged at local and network rates) | 0300 123 3393 | info@mind.org.uk | mind.org.uk

If you're worried about your child:

Young Minds Parents Helpline (free) | 0808 802 5544 | <https://bit.ly/3p8kpDp>

DOMESTIC ABUSE

National Domestic Abuse Helpline (free) | 0808 2000 247 | nationaldahelpline.org.uk

Men's Advice Line (free) | 0808 8010 327 | mensadviceline.org.uk

Galop (free, LGBT+) | 0800 999 5428 | galop.org.uk

Drinkchat (calls charged at local and network rates) | 0300 123 1110 | bit.ly/2NoQx7T
| 0300 123 6600 | talktofrank.com

National Gambling Helpline, run by Gamcare (free) | 0808 8020 133 | gamcare.org.uk

Adfam (for families of those affected by drug, alcohol and gambling problems) | find local support on their website: adfam.org.uk

Stop Domestic Abuse Now. This organisation run a group course called The Freedom Programme.

<https://stopdomesticabuse.uk/>

FOOD BANK

Website : WinchesterBasicsBank.co.uk

Facebook: @WinchesterBasicsBank

21a Penton Place, Milland Rd, Highcliffe, SO23 0PZ - Tue & Fri 10-3pm

St Gregory's Church, Grange Road, Alresford, SO24 9HD - Wed 10-12pm, and the first Thurs of every month 6-8pm

St Barnabas Church, Weeke, SO22 6EF - Thurs 10-1pm

Storehouse, Vineyard Church, SO23 9NR - Mon & Thurs 10-12pm **Please note that we are not open on Bank Holidays**